

Year 12 students
– prepare for your future!



UNIVERSITY
OF WOLLONGONG
AUSTRALIA

HSC Wellbeing and Study Skills

FOCUSSED, EFFECTIVE, BALANCED.

Learn how to:

1. Achieve your goals
2. Conquer stress
3. Maintain wellbeing
4. Study effectively

4-week program

31/7–21/8, Tuesday's
4.30–6.30pm

2-week workshop

18/7 and 19/7, 9am–3pm

Where

Northfields Clinic, UOW

Cost

\$60 or \$30
(concession card)

BOOKING ESSENTIAL! LIMITED PLACES AVAILABLE

Call 4221 3747 or email nfc-uow@uow.edu.au