



UNIVERSITY
OF WOLLONGONG
AUSTRALIA

AUTISM TEACHING and RESEARCH WORKSHOP SERIES

Social emotional learning, anxiety, behaviour and the autism spectrum

What we know and what we can do

**SCHOOL OF EDUCATION | FACULTY OF SOCIAL
SCIENCES**

PROGRAM: Saturday, 14th April, 2018 | 9.00 – 4.00 pm

This workshop will help you to gain an understanding of social emotional world of individuals on the autism spectrum, and the factors that lead these individuals to exhibit behaviours that may be viewed by the neurotypical world as “challenging”. In particular, we will examine the link between environment, anxiety and behaviour and will identify ways in which teachers, parents, and service providers can work with individuals on the autism spectrum to unpack problematic behaviours and to proactively create environments and strategies that support and enable them to develop the skills to reduce their anxiety and to manage and achieve in different neurotypical environments.



SOCIAL EMOTIONAL LEARNING, ANXIETY, BEHAVIOUR AND THE AUTISM SPECTRUM

Participants will gain knowledge and skills in autism practice including:

- Identifying and understanding symptoms of anxiety in individuals on the autism spectrum
- Proactively creating environments to reduce anxiety and promote social emotional learning
- Examining and unpacking “challenging” behaviours
- Implementing strategies to enable children and adults on the autism spectrum to manage anxiety and to cope with the demands of different environments.
- Support children and adults on the autism spectrum to self-regulate and self-advocate for needed supports.

ENQUIRIES

For further information please contact the University of Wollongong via uow-professional-learning@uow.edu.au or Dr. Amanda Webster on awebster@uow.edu.au (Ph) 02 4221 3268.

SPEAKERS: DR. AMANDA WEBSTER

Dr Webster has worked for over 28 years with individuals on the autism spectrum and their families in school, home and community settings as a teacher, school leader and certified behaviour analyst. Dr. Webster is currently the Coordinator for the Autism postgraduate programs at UOW. She is a researcher on the Australian Cooperative Research Centre for Autism and has recently authored a book on empowering parents of children on the autism spectrum. She is passionate about supporting the self-determination and self-efficacy of individuals on the autism spectrum through teaching and learning.

DR. ROSE DIXON

Dr. Dixon is an experienced primary and special education teacher with many years of experience supporting children on the autism spectrum. She is the current Coordinator of Special Education at UOW and is currently leading a research project on the use of multisensory rooms for individuals on the autism spectrum. Her research interests include: Social and affective development of children and people with disabilities; Vocational placements and people with disabilities; and Life span development of affective characteristics e.g. self-concept, locus of control.

REGISTRATION

Register online at: [One-Stop](#)

- Registrations Open: 1st March 2018
- Registrations Close: 12th April 2018

COST

- Professional \$150.00
- Parents/Concessions \$100.00
- UOW Student \$30.00

DELIVERY DATES: 14th April 2018

LOCATION: UOW Campus
WOLLONGONG
Building 20.3



WHO SHOULD ATTEND

Parents, professionals and educators who work with individuals on the autism spectrum

ACCREDITATION

6 QTC Accredited Hours
at Highly Accomplished
Level



UNIVERSITY
OF WOLLONGONG
AUSTRALIA

